



# *celebration*

Glenrose patients lead rehabilitation journeys that are rich with perseverance and dedication.

# by the numbers

**80,000**

The average annual visits by children, adults and seniors that the Glenrose supports.

**15**

The number of unique health care disciplines at the Glenrose as a centre of excellence.

**0-100+**

All ages. That's who the Glenrose cares for and that is unique.

**3 + 2**

Three provinces and two territories: Central & Northern Alberta, Northwestern Saskatchewan, Northeastern British Columbia and Canada's North.

**608**

The number of active research projects focused on innovation and improving care.

**128**

The specialized clinics dedicated to orthopedics, geriatrics, stroke, brain injury, cardiac, spinal cord injury, communication disorders and more!

As one of North America's pre-eminent rehabilitation centres we expect this to grow as the population ages and we save more lives.

The Glenrose wraps around our loved ones to deliver exceptional care and interventions.

No other rehabilitation centre serves all ages; the Glenrose proudly stands as a respected national and global centre of excellence.

The Glenrose serves a pivotal role offering far-reaching solutions that our patients tell us is a lifeline to their independence.

Internationally renowned researchers are passionately focused on discoveries to advance treatment.

Bottom line, the Glenrose focuses on the individual and their goals to build abilities for life.



Courage. Encouraged.

This community report is a photo essay collection **celebrating** the **outstanding** work done by the Glenrose Rehabilitation Hospital and its **exemplary** team of physicians, nurses and rehabilitation specialists. Most importantly it is a **celebration** of patients and their families who **inspire** us all to continue pushing the boundaries.



Our pediatric patients thrive on innovations like our virtual bike that blends an exercise cycle with a Wii. Donor dollars made this simple idea a reality. We know the possibilities are endless.

# *innovation*

New York Times best-selling author and world renowned game designer Dr. Jane McGonigal was the keynote speaker at the Glenrose's annual Spotlight on Research Breakfast. She validated our continued leadership in applying game-design principles to create solutions for our challenges. Winners of our 'What If' Contest thought of a portable swallowing rehabilitation game & app to offer patients precise visual feedback and an interactive portal engaging family, care team members and patients in achieving their goals.

A man in a wheelchair is seated in the foreground, wearing a black eye gaze system. A woman with long dark hair is leaning over him, looking at a tablet computer. In the background, other people are visible, including a woman in a dark jacket and another in a patterned top. The scene is set indoors, possibly at a gala or event, with a red carpet visible in the lower right. The text 'circle of courage' is overlaid in a white, cursive font on a dark red background that covers the middle of the image.

# *circle of courage*

Ralph and Gay Young, 2013 Courage Gala Honorary Chairs, gave life to our mission. They inspired our inaugural Circle of Courage and 54 donors joined them, exceeding all goals and enabling the Glenrose to offer the latest eye gaze system, plus a therapeutic bike for kids, an oral scanner for dental clinic patients and brain stimulator for stroke survivors.

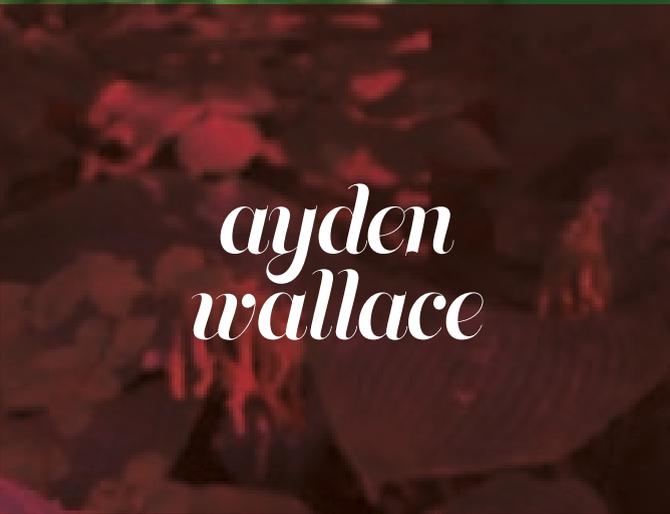
Rob Boulton, pictured here, helped raise funds for the eye gaze system. While he passed away on May 26, 2014 after living courageously with ALS since 2010, his legacy will live on as we honour his mantra: *We all die. The goal isn't to live forever, the goal is to create something that will.*





# *faces of courage*

Encouraging our patients in the fight they so bravely face each day is about a special kind of heroism. The following journeys embody the dedication, perseverance and courage exhibited along thousands of rehabilitation journeys each day. We exist to support Glenrose patients and the talented interdisciplinary teams that support them as they strive for independence. Ultimately, donor generosity gives their courage strength.

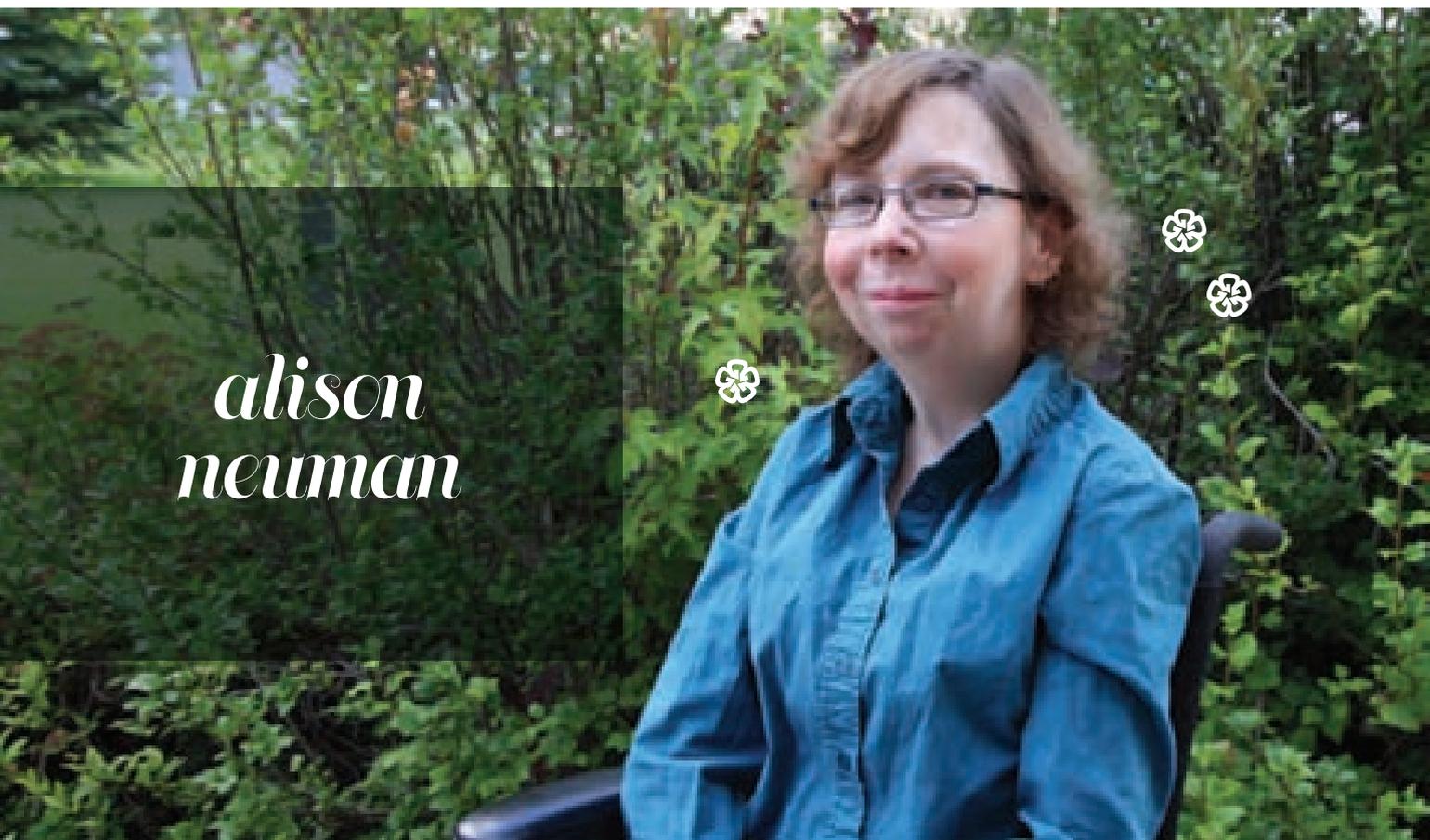


Alison sets bold goals and has a clear vision. Her journey began at the young age of 3 ½ when she was diagnosed with dermatomyositis. With her mom as a dedicated hero and many good friends, she has successfully published two novels, has written, produced and casted a play and continues to seek ways to create lead characters with a disability as positive role models for children and a source of hope for many.



Ayden not only survived two strokes at the young age of 10, his inner strength led him to relearn walking and eating independently two separate times in just four short months. He was so determined to talk that he refused the option to write during his intense speech and language sessions, knowing that if he said it over and over he would improve, be understood and progress. Ayden also designed his own obstacle courses. His perseverance is truly the ultimate example of courage, encouraged.

*alison  
neuman*





*ehmer  
bly*



Katherine, Bill, Katelyn, Alyssa & Kirstin Lomax gave us a glimpse of how life looks when preemie twins join the world weighing just 680 and 510 grams. The Glenrose has supported them in achieving many milestones and their tenacity and spirit warms our hearts.





Elmer has filled his life with adventure. Farm hand, wrestler, painter, golfer, police officer, teacher, loving husband, father and friend. And the list goes on. After suffering a hemorrhaging stroke at the age of 78 Elmer re-learned how to speak, swallow, write, walk – literally every daily function many of us take for granted. He successfully achieved his goal of returning home to support his wife by embracing all therapies, even devising leg lift exercises to the tick of the clock and eagerly using our CAREN virtual reality treatment system. Courage comes in many forms, regardless of age.



*loma  
sisters*





*dave  
sleam*

Scott is a long time Edmontonian, successful salesman and Jujitsu student. He was brutally attacked, sustaining a traumatic brain injury and nearly lost his life. He dedicated thousands of hours to physical & occupational therapy, speech & language sessions, and countless specialist appointments to ensure he would return home to his wife and daughters age 6 and 2, where he continues his journey. He hopes to impart to his daughters that superheroes are not people who jump over tall buildings in a single bound – they are people who open their hearts to others when they are not as strong as they could be.





Dave was living life as a successful entrepreneur with a great love of hockey when a collision at centre ice during a rec game left him paralyzed. He was at the Glenrose for many months, persisting through countless hours of therapies and exercises. He proudly walked out of the Glenrose to return home to his fiancé and encouraged Courage Gala attendees to help the Glenrose become even better.



*scott  
allmutt*





# research

Our Foundation invests donor contributions in clinical research to help identify new treatments and advance care. These 2013 grant recipients highlight the broad scope of rehabilitation and the solutions pursued.



## **PREPARING FOR THE FUTURE: AUTONOMOUS GOAL SETTING FOR INDIVIDUALS WITH AUTISM SPECTRUM DISORDER**

Principal Investigator: Sandra Hodgetts, PhD, Faculty of Rehabilitation Medicine; University of Alberta; Research Affiliate, Glenrose Rehabilitation Hospital



## **A PRACTICAL SENSORY FEEDBACK SYSTEM FOR UPPER LIMB AMPUTEES**

Principal Investigator: Jacqueline S. Hebert, MD, FRCPC, Associate Research Chair in Clinical Rehabilitation, Faculty of Rehabilitation Medicine; Associate Professor, Division of Physical Medicine and Rehabilitation, Faculty of Medicine, University of Alberta; Joint Research Appointment, Glenrose Rehabilitation Hospital



**ROBOTICS FOR CHILDREN WITH  
DISABILITIES TO INTERACT WITH THEIR WORLD**

Principal Investigator: Kim Adams, PhD, Faculty of  
Rehabilitation Medicine, University of Alberta; Joint  
Research Appointment, Glenrose Rehabilitation Hospital



**ENGAGING CHILDREN IN SETTING  
THEIR REHABILITATION GOALS**

Principal Investigator: Lesley Wiart,  
PhD, Faculty of Rehabilitation  
Medicine; University of Alberta;  
Research Affiliate, Glenrose  
Rehabilitation Hospital



**USE OF STOCHASTIC RESONANCE  
TO MITIGATE FALLS POST-STROKE**

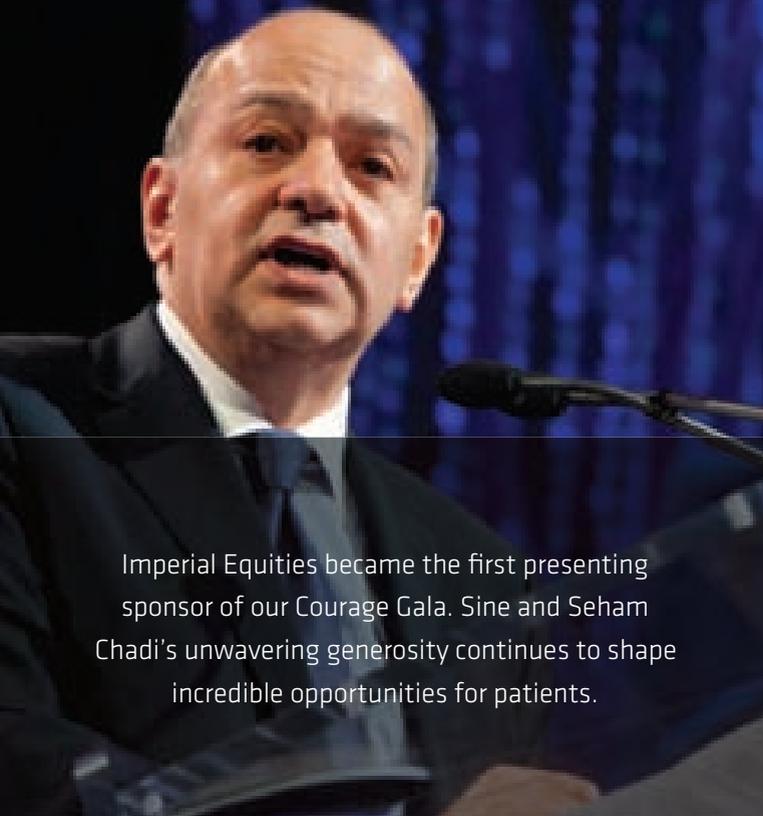
Principal Investigator: Albert Vette, PhD, Faculty of  
Engineering, Department of Mechanical Engineering,  
University of Alberta; Joint Research Appointment,  
Glenrose Rehabilitation Hospital



# *partners & friends*



Kids Forever are a small & mighty group who rally the Fort McMurray community to support our kids. They pepper a room in their red shirts & big hearts passionately focusing on helping our children travel their rehabilitation journey with dignity.



Imperial Equities became the first presenting sponsor of our Courage Gala. Sine and Seham Chadi's unwavering generosity continues to shape incredible opportunities for patients.



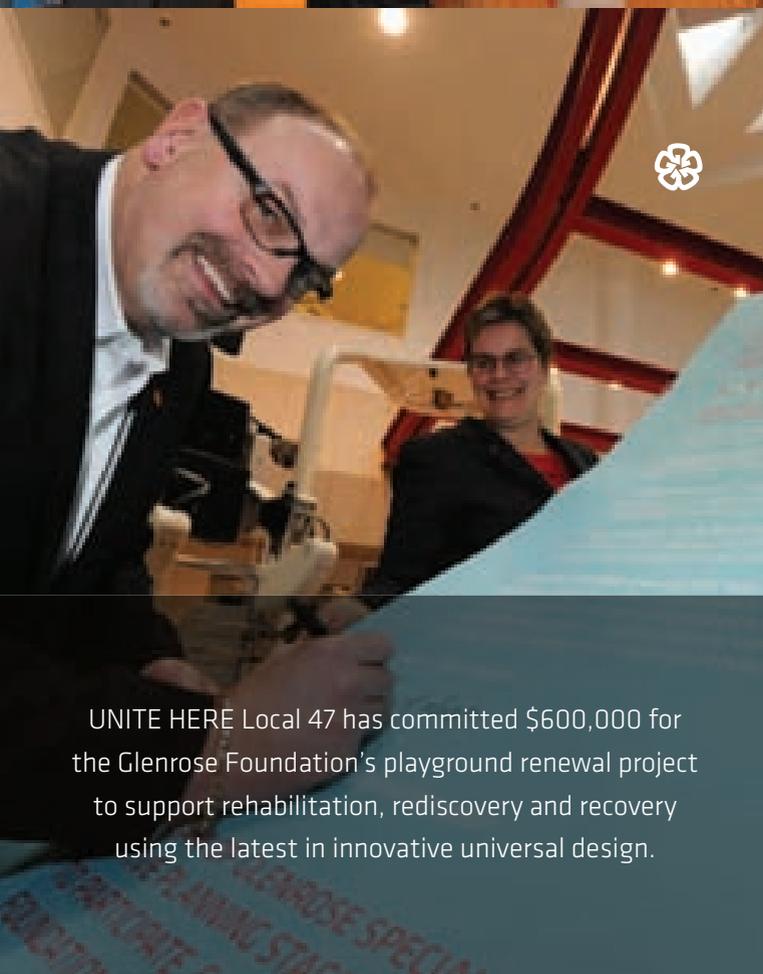
Imagine a therapeutic digital hockey game that is custom designed for our pediatric patients. This will be a reality in 2014 thanks to Telus Community Board, Can-Am Geomatics Corp and NAIT.



Ledcor's 'Giving Back' program supports pediatric initiatives by contributing to children's hospitals and critical care initiatives across North America. Mr. Bob Walker took the time to personally attend our Courage Awards and honour Ayden.



The Friends of the Glenrose give of their time, spirit and resources to enrich patient care at the Glenrose by volunteering, raising funds, and even delivering gifts to patients on special occasions.



UNITE HERE Local 47 has committed \$600,000 for the Glenrose Foundation's playground renewal project to support rehabilitation, rediscovery and recovery using the latest in innovative universal design.



Co-Chairs Don McGarvey & Dennis Picco took our golf tournament to a new level alongside our top five fundraisers, Ron Victor, Dennis Picco, David King, Brendan Hobal & Jon Gallo and fundraising teams Dentons, Dentons Greyhairs, 4Kings and 4Kings2 & CoolG. Blackhawk Golf Club once again offered an unrivaled golf experience allowing us to advance rehabilitation further.

# BOARD OF TRUSTEES

These are the faces of our dedicated board of trustees.



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**John Chomiak, Past Chair,**  
President & CEO,  
Hemisphere Engineering



**Nick Parkinson, Vice-Chair,**  
President & CEO, YMCA  
of Northern Alberta



**John Szumlas, Treasurer &  
Finance Committee Chair,**  
President, Activation Analysis Group



**David King, Secretary,**  
Vice President, The Luxus Group



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Alberta Health Services



**Wendy Dugas, President & CEO,**  
Glenrose Rehabilitation  
Hospital Foundation

# FINANCIALS

## REVENUE

	<b>2014</b>	<b>2013</b>
Donations	\$1,735,509	\$1,648,094
Casino	\$77,806	\$32
Fundraising	\$540,457	\$331,326
Grants	\$21,366	\$53,202
Realized gains on investments	\$87,263	\$33,118
Unrealized gain (loss) on investments	\$163,181	\$112,555
Dividends & interest	\$130,414	\$102,294
<b>Total</b>	<b>\$2,755,996</b>	<b>\$2,280,621</b>

## EXPENSES

Administrative	\$163,940	\$105,151
Fundraising	\$579,180	\$460,097
Portfolio management fees	\$23,785	\$20,662
Promotion		
Total	\$766,905	\$585,910
<b>Revenue over Expenses before distributions</b>	<b>\$1,989,091</b>	<b>\$1,694,711</b>
<b>Distributions to Glenrose Rehabilitation Hospital</b>	<b>\$1,407,157</b>	<b>\$1,454,988</b>
<b>Revenue over Expenses</b>	<b>\$581,934</b>	<b>\$239,723</b>

*\*this is an abbreviated statement. Complete audited financial statements are available upon request.*

*thank you*

TOGETHER WE GIVE COURAGE STRENGTH.

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Charitable Registration # 89101 6347 RR0001



COURAGE. ENCOURAGED.